



PROTECT KAHOʻOLAWE ʻOHANA

Orientation Packet for Volunteers



Huaka'i i Kanaloa-Kaho'olawe

all information provided in this packet is subject to change

ORIENTATION

Huaka'i begins at orientation. All interested parties MUST attend an orientation and safety briefing in order to be allowed to participate on an access to Kanaloa-Kaho'olawe.

- Orientation helps to ensure the safety of the participants
- Introduction to the Kua (backbone, refers to those who are willing to bend their backs in hard work to ensure safe and successful huaka'i)
- Introduction to Access Guides (specially trained in UXO identification and safety procedures and certified by the KIRC)
- Kanaloa-Kaho'olawe is a wahi pana and pu'u honua
- Safe and healthy living environment
- Understanding that the appearance is rugged and the ecosystem is very fragile
- Keep human impact to a minimum

Topics to be covered at orientation:

- PKO Vision & Mission
- Logistics – Schedule
- Safety
- Sanctions & Access Forms
- Basic Island Rules
- Ukana – what to pack/bring & how to pack it
- First Aid & Medical Emergency Notification
- Cultural Protocols
- Natural & Cultural Resource Protection
- Common Questions

PKO Vision & Mission

VISION: Aloha 'Āina, love of the land

MISSION: To perpetuate Aloha 'Āina throughout our islands through cultural, educational, and spiritual activities that heal and revitalize the cultural and natural resources on Kanaloa-Kaho'olawe.

PKO as Kahu O Ka 'Āina

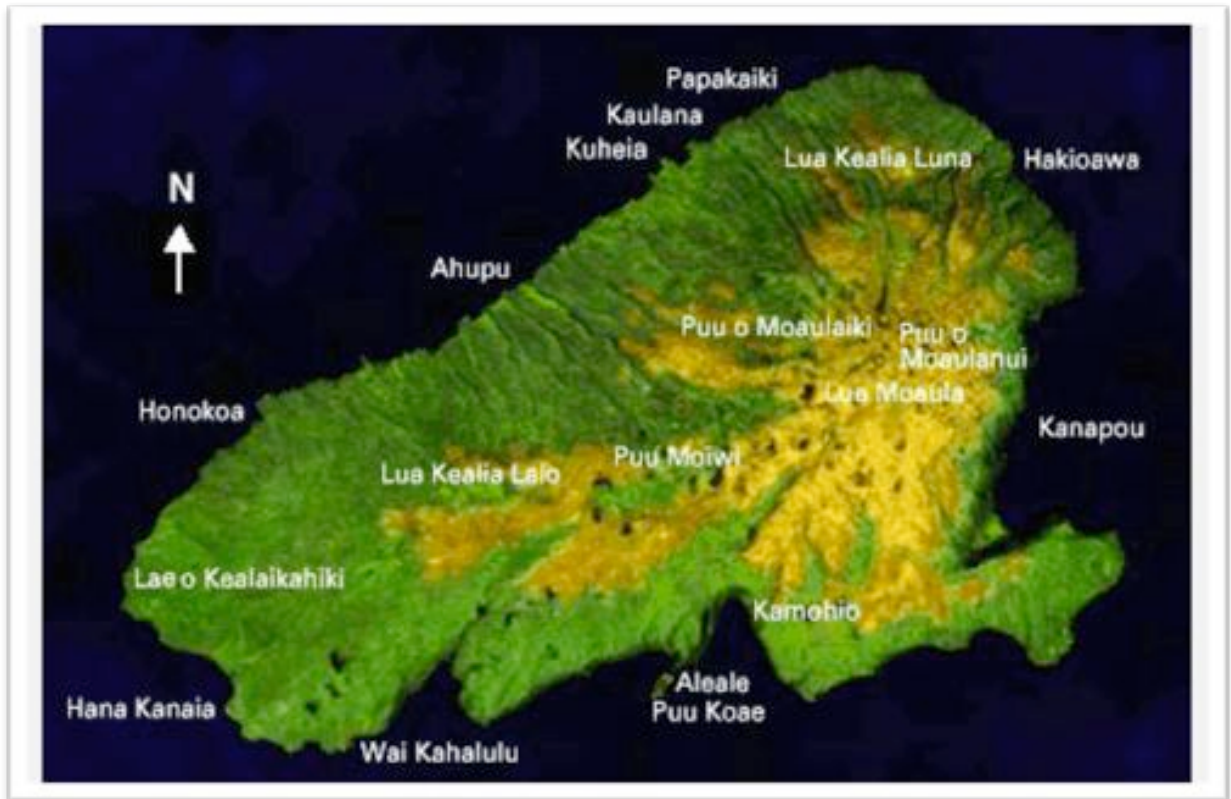
In our work to heal Kanaloa-Kaho'olawe, we strengthen our relationship with the land and honor our kūpuna. On our own islands, we work to protect the cultural and natural resources of our ancestral lands.

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Huaka'i

Kanaloa-Kaho'olawe is rugged; it is a physically, mentally, and spiritually challenging place. Kūpuna have cautioned us that Kanaloa-Kaho'olawe is not for everyone. Participants *must* have the support of their 'ohana in order to go to and return from Kanaloa-Kaho'olawe safely. Most importantly, each individual must feel in his or her na'au that they are ready for Kanaloa-Kaho'olawe.

Map of Kanaloa-Kaho'olawe



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LOGISTICS

DAY	MAJOR ACTIVITY
Wednesday	<ul style="list-style-type: none"> • Participants arrive on Maui (Kahului OGG Airport) by 8pm • Trucks will shuttle participants to Hawaiian Canoe Club • Food is NOT provided on the first night and the first meal on island is not until lunch on Thursday. Please eat a good meal <i>before</i> coming and/or bring food to eat. • Kua will go over boat assignments & last-minute safety protocol
Thursday	<ul style="list-style-type: none"> • Wake up call is around 4am (determined by Boat Captain). Participants on the first boat will depart for Ma'alaea. Participants on second & third boats will leave for Kihei Boat Harbor on bus. • Arrive Hakioawa, Kanaloa-Kaho'olawe via Pualele and will be shuttled in-shore via PKO zodiac. • Set Imu • Set up camp, in-camp safety and UXO briefing, informational tour of archaeological sites within Hakioawa • Work Projects
Friday	<ul style="list-style-type: none"> • Holo Mauka <ul style="list-style-type: none"> • Moa'ulaiki • Ko'a Naulu – Ho'okupu wai
Saturday	<ul style="list-style-type: none"> • Work Project <ul style="list-style-type: none"> • Ala Loa • Breakdown camp, breakdown kitchen, prepare for dawn departure • Kūkākūkā
Sunday	<ul style="list-style-type: none"> • Depart Hakioawa, Kanaloa-Kaho'olawe beginning at daybreak via 'Ohana zodiac and Pualele • Pualele will return participants to Kihei Boat Harbor, where bus will pick up participants around 11am. • Schedule departure flight from OGG after 2pm

Note: Schedule may be subject to change. We ask that participants are flexible and willing to “nalū” toward adjustments to the daily schedules.

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WATER SAFETY

- While in the water, all instructions are relayed from
 - Pualele Captain (while on boat)
 - Zodiac Driver (while on the zodi)
- Transfer from Pualele to zodiac
 - Sit butt on gunwale, swing legs over and drop into zodiac. *DO NOT step down into zodiac.*
- Transfer from zodiac to ocean
 - Swing legs over the pontoon. *Absolutely NO diving.*
- **CAUTION:** When in ocean, at all times, *DO NOT FIND YOURSELF BEHIND ZODIAC. Also, no bodysurfing, horseplay, or yelling during landing and departure. Participants should be quiet and listen for instructions from zodi driver, crew, and Kua.*
- Unloading ukana
 - Facing one another, form a zig-zag line to pass ukana. Hold onto ukana until next person confirms they have the item. A wave can cause the item to become a projectile.
- You *must* know how to swim.
- Identify & mālama weak swimmers.
- Protect your feet by wearing tabis or old tennis shoes (Tabis highly recommended). Crocs, Tevas, or Vibrams will not suffice.
- Identify water safety crew.

UXO (Unexploded Ordnance) SAFETY

- Kaho'olawe was used as a bombing range for 50 years from 1941-1990.
- Limits of free-roam within Hakioawa
- Reporting Procedures
 - If you see a UXO, or what you believe to be a UXO, notify an Access Guide or Kua immediately
- **KAHO'OLAWÉ'S GOLDEN RULE: IF YOU DIDN'T DROP IT, DON'T PICK IT UP!**
- UXO Boundary Markers

EMERGENCY RESPONSE & COMMUNICATION PROCEDURES

- Pū: when pū sounds, go immediately to where the sound is coming from, i.e., kitchen, zodi shed/beach. The pū is our main form of communication.
- If there is an emergency, notify a kua *immediately*.
- On-island point of contact
- KIRC Liaisons/KIRC Base and 911

SANCTIONS

- Failure to follow established rules and code of conduct and/or unsafe behavior may result in removal from island at own expense.
- Serious disregard of PKO rules and policy may result in rejection of future huaka'i requests.

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HUAKA'I COSTS

\$130 cash or check payable to Protect Kaho'olawe Fund. This covers:

- Round-trip transportation to and from Kahului (OGG) Airport
- Round-trip boat transportation to and from Kaho'olawe
- Three (3) nights camping on island
- Nine (9) meals on island
- Supplies and equipment, including maintenance
- A PKO Aloha 'Āina t-shirt may be purchased separately for \$15
- Preferable to turn in fees, PKO form and KIRC volunteer forms at orientation
- Airfare is *not* included, please book your own reservations to and from Kahului (OGG), Maui

BASIC ISLAND RULES

- Aloha
- Mālama
- Kōkua
- Absolutely no drugs, alcohol, or weapons
- No cell phones, iPads, or iPods
- No room service

UKANA – THINGS TO BRING/PACK

- 8-10 plastic garbage bags, 3 mil.
- At least 1 roll of duct tape
- 1 set nightwear (warm clothing)
- Sunscreen (at least SPF 30)
- Tent (preferably a single-person or two-man)
- Hiking gear: wide-mouthed water bottle (1L), hiking shoes (preferably hiking boots with sufficient ankle support; NO Vibrams, Tevas, etc., *MUST BE COVERED SHOES*), socks, and backpack
- Flashlight & extra batteries
- Swimwear & long-sleeved rash guard
- Sleeping bag or blanket
- Phosphate-free liquid soap for bathing (i.e., Joy or Ivory or Sea Soap)
- Personal toiletries
- Towel
- Thick-soled slippers
- Work clothes (long pants & long-sleeved shirt)
- Light jacket or windbreaker
- 1-2 sets day wear (clothes that you wouldn't mind getting dirty)
- Hat, sunglasses, Chap-stick

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- Any medication that you may need, including albuterol inhalers for asthma and EpiPens
- Optional: pareo/kīkepa, snacks, camera, clothes pins, work gloves, handsaws, musical instruments, fins, wet suit, tarp with cord, pocket knife

USEFUL ITEMS TO HAVE, JUST-IN-CASE

- Assorted Band-Aids
- Moleskin/Blister Block
- Tweezers
- Adhesive Tape
- Disposable rain poncho
- Ibuprofen/Advil
- Gold Bond

PACKING

- Before you pack, lay out all your gear and put 1/3 of it back
- Make sure you have any medication you may need. Occasionally there are bees and wasps on island and jellyfish in the ocean. If you are allergic, please bring proper medication.
- Allergies and Asthma – You should have proper medication with you at all times. Please let someone else know where your medication is in case of an emergency.
- Prohibited items – metal frame backpacks, hard suitcases, tents requiring metal or wooden poles, uncontained sharp objects, any type of illicit drugs and alcohol. Leave radios, iPods, iPads, etc., at home.
- We go to Kanaloa-Kaho’olawe to enjoy its peace, tranquility, and beauty
- Please limit yourself to ONE duffel bag
 - Pack simply, you don’t need a lot of stuff
- Pack your sleeping bag & nightwear (warm clothing) for the overnight on Maui on the very top of your bag
- Also, pack your swimwear and tabis on the top of your bag
- At the very bottom of your bag, pack a pair of clean clothes to change into when we return to Maui on Sunday
- Note: Pack items that *must* be kept dry in individual Ziploc bags
- Evening on Maui:
 - Pull out your sleeping bag & nightwear to sleep. Also, leave out your swimwear and tabis for the next morning.
 - Double or triple bag your duffel into 3 mil garbage bags and leave unsecured so you can put your sleeping gear into the bag in the morning
 - When you wake up, pack your sleeping gear and secure the garbage bags with duct tape. Mark your bag with your initials or unique symbol so that it is easily identifiable
 - DO NOT mark your bag with an “X” or an “O”, as these symbols denote ‘ōpala bags

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FIRST AID

- Identification of first aid and emergency responders
- Please advise kua of health conditions (i.e. allergies) that may affect you on the huaka'i
- Emergency protocols exist and will be reviewed on island
- Kaho'olawe is a harsh environment. Please take necessary precautions:
 - Sunscreen & hat/visor/sunglasses
 - Drink LOTS of water!
 - Watch where you walk, wear appropriate footwear
 - Slips, trips, and falls...pay'tention & watcheachada!
 - Rodents, vermin and feral cats
 - Poisonous and stinging insects, i.e., bees, wasps, spiders, centipedes, scorpions, and fire ants

CULTURAL PROTOCOLS

OLI KĀHEA

He haki nu'anu'a nei kai
'O 'awa ana i uka
Pehea e hiki aku ai
'O ka leo
Mai pa'a i ka leo

Indeed a rough & crashing sea
A bitter cold from the uplands
How is it that one lands?
It is the voice
Don't hold back the voice

Entry protocol is for the purpose of requesting permission to arrive onto Kanaloa-Kaho'olawe. This chant is kapu to Kanaloa-Kaho'olawe and only to be used there.

OLI HO'OKU'U – Ke Noi 'A'ama

'O 'awe kuhi, 'o kai uli
Kuhikau, kuhikau
E hō mai i 'a'ama
I 'a'ama aha
I 'a'ama 'ia au

Pointing tentacle of the deep sea
Direct, direct
Grant also an 'a'ama
An 'a'ama for what?
An 'a'ama releasing me from my obligation as
your guest

Departure protocol is for the purpose of requesting permission for departure from Kanaloa-Kaho'olawe (not just physical departure, but also mental & spiritual departure). The 'a'ama crab is offered as leverage.

E ALA Ē

E ala ē
Ka lā i ka hikina
I ka moana
Ka moana hōhonu
Pi'i ka lewa
Ka lewa nu'u
I ka hikina
Aia ka lā
E ala ē

Arise!
The sun in the East
In the ocean
The deep dark ocean
Climb into the sky
The highest level of the sky
In the East
There is the sun!
Arise!

E HŌ MAI

E hō mai ka 'ike mai luna mai ē
'O nā mea hūnā nō'eau o nā mele ē
E hō mai,
E hō mai,
E hō mai ē

Repeat 3X

Grant knowledge that filters from above
Of the hidden things, the wise things that are
concealed in the chants
Grant us,
Grant us,
Grant us

NĀ 'AUMĀKUA

Nā 'aumākua mai ka lā hiki a ka lā kau
Mai ka ho'oku'i a ka hālāwai
Nā 'aumākua ia ka hina kua, ia ka hina alo
Ia ka 'akau i ka lani
'O kīhā i ka lani,
'Owē i ka lani,
Nunulu i ka lani,
Kāholo i ka lani
Eia ka pulapula a 'oukou, 'o Kūkulu ke Ea a
Kanaloa
E mālama 'oukou iā mākou
E ulu i ka lani,
E ulu i ka hōnua,
E ulu i ka pae 'āina 'o Hawai'i
E hō mai ka 'ike
E hō mai ka ikaika
E hō mai ke akamai
E hō mai ka maopopo pono
E hō mai ka 'ike pāpālua
E hō mai ka mana

Ye ancestral deities from the rising to the setting
sun
From the zenith to the horizon
Ye ancestral deities who stand at our back and
at our front,
Ye who stand at our right hand
A breathing in the heavens,
An utterance in the heavens,
A clear, ringing voice in the heavens,
A voice reverberating in the heavens,
We are your progeny, Kūkulu ke Ea a Kanaloa
Safeguard us
Growth to the heavens
Growth to the Earth
Growth to the islands of Hawai'i
Grant knowledge
Grant strength
Grant intelligence
Grant divine understanding
Grant intuitive insight
Grant divine power

MORE ABOUT KAHO‘OLAWE

- Natural and cultural resource preserve
 - Flora and fauna
- Fishing and marine gathering moratorium
- Cultural sites
 - Walk lightly
 - Do not remove any pōhaku or artifacts
 - Please exhibit proper respect to kūpuna
- *BIO-SECURITY*
 - Please clean your shoes, fins, snorkel masks, backpack, sleeping bags, tents, etc., as appropriate to prevent any unwanted critters, seeds, invasive limu, etc., from entering the Kaho‘olawe Island Reserve.

MOST COMMON QUESTIONS & CONCERNS

1. Q: Are there toilets?
A: Yes, there are four (4) composting toilets

2. Q: Where can I find more information about Kanaloa-Kaho‘olawe
A: More info may be found on the PKO website, www.kahoolawe.org or on the KIRC website, www.kahoolawe.hawaii.gov